



Luddendenfoot Academy Newsletter

“Be all you can be”

NEWSLETTER – w/c 24.05.21

Whole School Attendance

W/c 24.05.21 – 97.0%

	Attendance	Punctuality
1 st	Y5 – 100%	100%
	Y4 – 100%	100%
3 rd	Y6 – 99.3%	99.3%
4 th	Y2 – 98.6%	99.7%
5 th	Y3 – 96.0%	100%
6 th	Rec – 95.8%	99.6%
7 th	Y1 – 93.1%	100.0%

Government national average is 96%

Thank you to everyone who has been at school every day and on time.

We had 2 class with 100% punctuality!
Well Done!

(NB: Any absence from school linked to COVID does not affect children’s attendance figures)

Dates so far...

Please keep checking for updates

Fri – 28th May: school closes for half term

Mon 7th Jun: **School reopens**

Weds 16th Jun: Class Photographs (am) Tempest

Thurs 17th Jun: Y5- Visit to YWP

Mon 21st Jun: Y1 Visit - Thornton Hall Country Park

Tues 22nd Jun: Y2 - Visit to Chester Zoo

Weds 23rd Jun: Y3 Bolton Abbey (letter to follow)

Fri 25th Jun: Y6 – Visit to Blackpool

2nd Jul: Transition Day

9th Jul: Sports Day (more info to follow)

	<i>Pupil</i>	<i>For Characteristic trait</i>
Rec	Alba S	Open minded
Year 1	Elliott B	Motivation
Year 2	Zac E	Reflective
Year 3	Isabelle T	Integrity
Year 4		
Year 5	Ophelia M	Reflective
Year 6	Richard N	Reflective

IMPORTANT information for the break – Covid 19

Below is guidance on what to do following our school closure on 28th May 3pm, should a pupil develop Covid symptoms **during the break**:

- ❖ Where a pupil tests positive for coronavirus (Covid-19), having developed symptoms **more than 48 hours** since being in school, the **school should not be contacted**. Parents/carers should follow contact tracing instructions provided by NHS Test and Trace.
- ❖ A positive test for COVID, having started to feel unwell in last few days of term or over the first weekend should be reported to school: via, c.greenwood@brighterfuturesmat.org.uk up until **Tuesday 1st June 2021**. As the school is asked to assist identifying close contacts and advising self-isolation, as the individual may have been infectious.

Wishing everyone – happy half term,

Keep Safe and have fun!

See you all on Monday 7th June





Luddendenfoot Academy Newsletter

“Be all you can be”

Mental Health & Wellbeing

An Activity to help with resilience

1. Ask your child to trace their hand on a piece of paper.
2. The child then thinks of a positive memory that would help them feel safe and calm to remember in the midst of a stressful situation.
3. Write each of the five senses (seeing, hearing, touching, tasting & smelling) on each of the fingers.
4. The child will then draw and or write about the memory in the palm of the hand.
5. Encourage the child to identify how the memory is experienced using each of the five senses on each finger and write or draw a picture for each.
6. Last but not least, talk about how thinking of this memory can help your child feel a sense of calm.



Adult Care

Looking after your own mental health is so important, parenting or caring for a child can be tough. It's important to make sure you look after your own mental well-being as this will help you support those you care about.

Try to recognise and acknowledge when you're feeling low or overwhelmed. Struggling with something or experiencing your own mental health problems does not make you a bad parent or carer.

It is completely normal to be worried, scared or feel helpless during difficult times and feeling this way is nothing to be ashamed of.

Is there a friend that you can talk to? Maybe there's a family member or colleague who could support you or allow you a break...

There is lots of help out there, don't ever feel you need to cope alone, Youngminds.org.uk is a really useful site to look at.

Advice, Help & Support:

www.nspcc.org.uk - The NSPCC is offering advice & support if you think your child is struggling with their mental health or anxiety.

www.gems4health.com— a free service offering support to parents of children on the ASD pathway.

If you have any worries or concerns about your child's emotional behaviour or wellbeing, then please let school know. There will be things that we can do to help & support. Take Care