

Brighter Futures Academy Trust

Sex and Relationship Education Policy



Name of Policy Writer/Amendments	Date Written/Amended	Next Review Date
L. Johnson	July 2013	July 2014
L. Johnson	May 2014	July 2015
R Denham	August 2015	December 2016

Introduction

Sex and relationship education is lifelong learning about physical, moral and emotional development. It is about the understanding of the importance of marriage for family life, stable and loving relationships, respect, love and care. It is also about the teaching of sex, sexuality and sexual health. It is not about the promotion of sexual orientation or sexual activity.

It has 4 main elements: -

Attitudes and values

Personal and social skills and emotional literacy

Knowledge and understanding

Monitoring and Evaluation

The teacher responsible for this is the Head of School

The governor responsible for this is Mrs P Burton (Safeguarding)

Aims of Sex and Relationship Education

This is to help and support young people through their physical, emotional and moral development. This policy, embedded within P.S.H.C.E. will help young people learn to respect themselves and others, and move with confidence from childhood through adolescence into adulthood.

Sex and relationship education is enhanced by our supportive school ethos, where all are valued and encouraged, positive relationships are seen as important and there is a safe and secure school environment, which is conducive to learning.

School Curriculum

Opportunities exist throughout the curriculum for promoting sex and relationship education. Parents have the right to withdraw their children from sex education lessons that fall outside those aspects covered in the National Curriculum science lessons. Parents do not have to give their reasons for withdrawing children, but should be encouraged to discuss their worries with the Head of School who may be able to allay these worries and point out the adverse implications of removing children.

Sex and relationship education is firmly rooted within the non-statutory framework for P.S.H.C.E. It is not delivered in isolation. Sex and relationship education is taught within P.S.H.C.E, Science and SEAL topics. Our policy is to answer relevant questions which may be generated by such events as Circle Time activities. There will be on-going evaluation and monitoring of the programme for sex and relationship education. This will be carried out by the Head of School and governor co-ordinator. Staff, parents and children will be consulted on issues as appropriate.

Approaches to Teaching and Learning

Our school can help young people to develop confidence in talking, listening and thinking about sex and relationships. A number of teaching strategies help this, including: -

- Establishing ground rules with pupil;
- Knowing how to deal with unexpected questions or comments from pupils;
- Using discussion and project learning methods and appropriate materials;
- Encouraging reflection;
- To facilitate pupils learning in S.R.E;
- The purpose of each lesson is made clear;
- Appropriate learning experiences are planned and meet the needs of all pupils in the class

- Learning experiences draw on pupils' own experiences or existing knowledge and provide a range of opportunities for pupils to learn, practise and demonstrate skills, attitudes and knowledge;
- Time is given for pupils to reflect and consolidate their learning;
- Pupils are encouraged to take responsibility for their own learning and to reflect on their own progress.

Attention is given to developing a safe and secure classroom climate

Teaching and Learning Strategies and Resources

These obviously vary according to year groups. Sex and relationship education is generally of an informal nature with relevant questions being answered in an honest way. Opportunities will be taken on such occasions as the birth of a new baby to discuss issues relating to family etc. Formal teaching of sex and relationship education is undertaken in Year 6 by the school nurse when mixed sex groups are shown videos dealing with sexual matters as stated in N.C. Science orders. This is followed up by a discussion and other work.

Equal Opportunities

We believe that all children have the right to have sensible questions answered honestly. We also believe that all children should have received factual, basic sex education as outlined in this policy, before they leave school. This is regardless of gender, sexuality, religion or culture. We also realise that any inappropriate sexual behaviour must be dealt with swiftly, with referral to the Head of School if necessary and that the boys and girls may need to speak to a teacher in confidence regarding for example – a girl beginning her periods.

Working with Parents

Our Academy Trust seeks to work in partnership with parents to provide effective Sex and relationship education. Parents need to know that the schools' sex and relationship education programme will complement and support their role as parents and that they can be actively involved in the determination of the school's policy. Parents will be consulted annually with a meeting for year 6 parents to view and discuss the subject matter delivered by the school nurse. We are always willing to discuss any issues worrying individual parents and appointments can be arranged. Parents are welcome to view any teaching materials

Dissemination and Review

This policy, once approved by the Governing Body, will be reviewed annually. This policy should be read in conjunction with the P.S.H.C.E., Science and Safeguarding policies.